|  |  |
| --- | --- |
| **BMI categories** | Description: Percentage of population (excluding pregnant women) in each BMI category |
| Instrument question: M8: For women: Are you pregnant? M11: Height M12: Weight |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BMI classifications** | | | | | | | | | |
| **Male** | | | | | | | | | |
| Age Categories (Years) | n | % Under-weight  <18.5 | 95% CI | % Normal weight 18.5-24.9 | 95% CI | % BMI 25.0-29.9 | 95% CI | % Obese ≥30.0 | 95% CI |
| 18-29 | 545 | 8.4 | 5.3 - 13.2 | 73.0 | 66.6 - 78.6 | 10.9 | 7.4 - 15.6 | 7.7 | 4.9 - 12.1 |
| 30-44 | 586 | 10.8 | 6.5 - 17.4 | 51.8 | 44.9 - 58.7 | 24.9 | 19.9 - 30.8 | 12.4 | 8.5 - 17.8 |
| 45-59 | 272 | 8.5 | 4.1 - 16.9 | 63.2 | 51.1 - 73.9 | 22.1 | 13.6 - 33.9 | 6.2 | 2.8 - 13.2 |
| 45-69 | 229 | 0.0 | 0.0 - 0.3 | 22.4 | 16.5 - 29.6 | 39.6 | 32.2 - 47.5 | 38.0 | 30.5 - 46.1 |
| 60-69 | 113 | 10.0 | 4.1 - 22.2 | 56.4 | 36.6 - 74.4 | 28.3 | 13.3 - 50.2 | 5.3 | 2.0 - 13.4 |
| **Total** | **1745** | **8.3** | **6.1 - 11.3** | **59.9** | **55.8 - 63.8** | **20.0** | **17.2 - 23.2** | **11.8** | **9.6 - 14.4** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 987 | 10.9 | 7.3 - 16.0 | 65.2 | 59.1 - 70.8 | 17.4 | 13.7 - 21.8 | 6.5 | 4.4 - 9.5 |
| Urban | 758 | 5.1 | 3.3 - 7.8 | 53.2 | 47.8 - 58.5 | 23.3 | 19.2 - 28.0 | 18.4 | 14.6 - 22.9 |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BMI classifications** | | | | | | | | | |
| **Female** | | | | | | | | | |
| Age Categories (Years) | n | % Under-weight  <18.5 | 95% CI | % Normal weight 18.5-24.9 | 95% CI | % BMI 25.0-29.9 | 95% CI | % Obese ≥30.0 | 95% CI |
| 18-29 | 864 | 7.1 | 4.0 - 12.2 | 60.1 | 53.8 - 66.1 | 20.2 | 15.9 - 25.3 | 12.6 | 9.6 - 16.4 |
| 30-44 | 980 | 3.3 | 1.9 - 5.6 | 47.2 | 41.7 - 52.7 | 29.2 | 24.3 - 34.6 | 20.3 | 16.6 - 24.6 |
| 45-59 | 438 | 10.0 | 5.8 - 16.8 | 44.7 | 35.3 - 54.5 | 22.8 | 15.1 - 33.0 | 22.5 | 15.3 - 31.8 |
| 45-69 | 421 | 1.9 | 0.9 - 4.2 | 18.4 | 14.5 - 23.2 | 31.0 | 25.8 - 36.6 | 48.7 | 42.8 - 54.5 |
| 60-69 | 256 | 9.6 | 4.9 - 17.8 | 40.6 | 29.8 - 52.4 | 28.2 | 18.0 - 41.4 | 21.6 | 14.7 - 30.5 |
| **Total** | **2959** | **6.0** | **4.3 - 8.3** | **49.7** | **46.3 - 53.1** | **24.5** | **21.7 - 27.7** | **19.7** | **17.5 - 22.2** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1714 | 5.2 | 3.1 - 8.8 | 50.9 | 46.1 - 55.7 | 24.2 | 20.3 - 28.7 | 19.6 | 16.4 - 23.2 |
| Urban | 1245 | 7.3 | 5.1 - 10.2 | 47.7 | 43.4 - 52.1 | 25.0 | 21.5 - 28.9 | 20.0 | 17.3 - 23.0 |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **BMI classifications** | | | | | | | | | |
| **Total** | | | | | | | | | |
| Age Categories (Years) | n | % Under-weight  <18.5 | 95% CI | % Normal weight 18.5-24.9 | 95% CI | % BMI 25.0-29.9 | 95% CI | % Obese ≥30.0 | 95% CI |
| 18-29 | 1409 | 7.6 | 5.2 - 11.1 | 65.3 | 60.8 - 69.6 | 16.4 | 13.4 - 19.9 | 10.6 | 8.4 - 13.3 |
| 30-44 | 1566 | 6.2 | 4.2 - 9.0 | 49.0 | 44.7 - 53.2 | 27.6 | 23.9 - 31.6 | 17.3 | 14.6 - 20.5 |
| 45-59 | 710 | 9.4 | 6.1 - 14.4 | 51.8 | 44.1 - 59.3 | 22.5 | 16.7 - 29.8 | 16.2 | 11.2 - 22.9 |
| 45-69 | 650 | 1.1 | 0.5 - 2.4 | 20.2 | 16.6 - 24.3 | 34.8 | 30.5 - 39.3 | 43.9 | 39.2 - 48.8 |
| 60-69 | 369 | 9.7 | 5.8 - 15.9 | 47.3 | 36.3 - 58.4 | 28.2 | 19.0 - 39.7 | 14.7 | 10.0 - 21.1 |
| **Total** | **4704** | **6.9** | **5.5 - 8.7** | **53.8** | **51.2 - 56.4** | **22.7** | **20.7 - 24.9** | **16.6** | **14.9 - 18.3** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 2701 | 7.4 | 5.3 - 10.1 | 56.2 | 52.5 - 59.9 | 21.7 | 18.8 - 24.9 | 14.7 | 12.6 - 17.2 |
| Urban | 2003 | 6.3 | 4.8 - 8.2 | 50.1 | 46.8 - 53.5 | 24.3 | 21.5 - 27.2 | 19.3 | 17.0 - 21.8 |